

Make Yourself Heard Booklet

Video #1

<https://www.youtube.com/watch?v=z8OJ9N2AGy4>

Assignments

1. Page 22 – Thinking Break
Pages 23-24 - Thinking Break
www.surveymonkey.com/r/gese2-1
2. Pages 24-25 - Apply the Skills - Respond with Tact
Page 25-26 - Thinking Break
Page 26 - Apply the Skills - Give Honest Feedback
www.surveymonkey.com/r/gese2-2
3. Page 27 - Apply the Skills -Avoid Gossip Guys and Girls
Page 28 - Thinking Break
www.surveymonkey.com/r/gese2-3
4. Page 29 - Apply the Skills - Identify the Words You Use
Page 30 - Apply the Skills - Track Opinions Stated as Facts
Pages 31-32 Apply the Skills - Redirect Ideas
www.surveymonkey.com/r/gese2-4
5. Pages 32-36 -Apply the Skills -Analyze How Well You Speak and Listen
www.surveymonkey.com/r/gese2-5
6. Pages 36-37 - Next Steps
www.surveymonkey.com/r/gese2-6
7. Make Yourself Heard Quiz –
www.surveymonkey.com/r/gese2-7